

18
N E V E. 1654.

A New Almanack and Prognostication, serving for the yeare of our Lord
God and Saviour Jesus Christ. 1654.

Being the second yeare after the Bifextile or Leape-yeare.

Wherein is contained a double Kalender
viz. the Julian or English Accompt, and
the Gregorian and Forraigne Computation,
with the Change of the Moone, her
Full and Quarters, and time of
the Eclipses: and other ne-
cessary observations, conve-
nient to be noted.

Calculated, and exactly rectified, for
the Elevation of the Pole Articke, and
Meridian of the aneient and famous City
of *Norwich*, and may serve generally
for the most part of great

BRITAINE.

Practised, penried, and published,
by JOHN NEVE, Gent.

Continued yearly by the same Author, and the
fiftieth third time Imprinted.

L O N D O N,

Printed by S. J. for the Company
of STATIONERS.

The Contents of this double Kalender for
this year of our Lord God 1654. being
the second yeare after the Bissextile or Leap-
yeare, according to the Accompt and
Computation of the Church
of ENGLAND.

The Prime or Golden Number.

The Circle of the Sun.

The Epact.

The Roman Indiction.

The Dominicall Letter.

The space between Christmas and Shrovesunday, is 6
Weeks.

Shrovesunday.

Febru.

Easter day.

March

Ascention day.

May

Whitsunday.

May

Advent sunday.

December

Between Trinity and Advent, are Sundayes

Between Easter and Ascention, are 5 weeks & 3 dayes.

Between Whitsunday & Midsum. are 5 weeks & 5 dayes.

Between Midsum. & Barth. are 8 weeks and 4 dayes.

Between Barthol. & All Saints, are 9 weeks & 5 dayes.

The Forraigne Computation.

The Golden Number.

The Circle of the Sun.

The Epact.

The Roman Indiction.

The Dominicall Letter.

Shrovesunday.

Febr.

Easter day.

April

Ascention day.

May

Whitsunday.

May

Advent Sunday.

Novemb.

The space between Christmas and Shrovesunday, is
7 weeks and 3 dayes.

Between Trinity & Advent, are Sundayes

A briete and necessary Computation of yearees

From the Creation of the world to this present	5603
from the Creation unto the Floud	1656
from the Floud to Christ	2336
from Moses to Christ	1514
since the promised seed of Abraham	3581
since the Israelites departed out of Egypt	3151
since the destruction of Troy	2834
since Brute entred this Island	2761
since the building of the Temple of Solomon	2671
since the building of the City of Rome	2406
since Nebucadonozer the King	2402
since Alexander the great dyed	1978
since Julius Caesar was slaine with bodkins	1703
since the happy birth of our Saviour Christ	1654
since Jerusalem was destroyed by Titus Vespasian	1571
since England first received the Christian faith	1473
since the Danes entred England	634
since the Conquest of England	588
since the invention of Printing	194
since King Henry 8 wonne Bulloyne	110
since Kettis Rebellion at Norwich	106
since the infectious sweating sicknesse	97
since St. Pauls Steeple fird	93
since the great Plague at Newhaven	91
since the blazing Starre, and frosty winter	82
since the fiery Apparition in the Heavens	80
since the deep Snow	74
since the generall Earthquake in England	73
since the Campe at Tilbury in Essex	66
since the Powder Treason	49
since Suttons Hospital formed	40
since the last blazing Starre	36
since the downfall in Black Fryers	32
since the last great Plague	29
since the fire on London Bridge	22
since the fight at Edge-hill, Octob. 23.	12
since the fight at Naseby, June 14.	9

The Anatomy of Mans Body, as the parts
thereof are governed by the twelve
Cœlestiall Signes of the
Zodiacke.

♈ Aries, Head and face.

♉ Taurus,
Neck and
thoate.

♊ Cancer,
Breast, Stomack,
and ribs.

♋ Virgo,
Bbowels and
Belly.

♏ Scorpio,
Secret members
♑ Capricorn,
The knes.



♊ Gemini,
Arms and
Shoulders.
♌ Leo,
Heart and
back.
♎ Libra,
Belines and
Loynes.
♐ Sagittarius,
The Thighes
♒ Aquarius,
The Legges

♓ Pisces, The feet.

The Characters of the Signes, Planets
and Aspects.

♈ Aries, ♉ Taurus, ♊ Gemini, ♋ Cancer, ♌ Leo,
♏ Virgo, ♎ Libra, ♏ Scorpio, ♐ Sagittarius, ♑ Capri-
cornus, ♒ Aquarius, ♓ Pisces, ♔ Saturne, ♕ Jupiter,
♂ Mars, ♑ Sol, ♒ Venus, ♓ Mercury, ♕ Luna, ♑ Con-
junction, ♔ Sextile, ♒ Quartile, ♐ Trine, ♓ Oppos-
ition, ♌ Caput Draconis, ♒ Cauda Draconis,

January hath XXXI. dayes.

If thou be sick and help wouldest have,
The counsell of the Learned crave:
If thou have health, to keepe thee so,
Flie idlenesse as deadly foe.

3	New yea. day.	Scorpio	111	D	
b	Day. of Ste.	Scorpio	13	12	E
c	Das. of Joh.	Scorpi.	25	13	f
d	Das. of Ann.	Sagitar.	7	14	g
e	Simeon.	Sagit.	19	15	a
f	Twelth day.	Sappic.	1	16	b
g	Julian m.	Sappi.	14	17	c
h	1. Sun. aft. Ep.	Sappic.	26	18	D
i	Jodochus.	Squar.	9	19	e
j	Sol in Aqua,	Aqua.	23	20	f
k	Paul i Her.	Pisc.	6	21	g
l	Archad Ma.	Pisces	20	22	a
m	Hillary Bi.	Uries	3	23	b
n	Crast Hll.	Uries	17	24	c
o	2. Sun. aft. Ep.	Taur.	1	25	D
p	Marcellus.	Taur.	15	26	e
q	Anthony.	Gem.	0	27	f
r	Plusca vir.	Gem.	14	28	g
s	Wolston.	Gem.	28	29	a
t	Octa. Hilla.	Can.	12	30	b
u	Agnes vir.	Can.	27	31	c
v	3. Sun. aft. Epi.	Leo	10	1	D
w	Term begin.	Leo	24	2	E
x	Timothy.	Virgo	7	3	f
y	Cond. of Ma.	Virgo	20	4	g
z	Polycar. B.	Libra	3	5	a
aa	Julian ma.	Libra	15	6	b
bb	Agnes the sec.	Libra	27	7	c
cc	2. Sun. aft. Epi.	Scorpio	9	8	D
dd	Watid M.	Scor.	21	9	2
ee	Gatnarus.	Scor.	3	10	f

New moone the
8 day, 53 min.
after 3 of the
clocke in the af-
ternoon.

First quarter the
15 day, 25 min.
aft. 7 of the clock
at night.

Full Moone the
22 day, 10 min.
after 4 of the
clock at night.

February. 1654
Purification

Last quarter the
30 day, about
high-noon.

February hath xxviii. dayes.

Be choice of food in any wise,
To keepe thee warm also precile :
Beware no Surgeon let thee blood,
Except the learned thinke it good.

1	d	Bridget W.	Dagitt.	14	11	g	
2	e	Purif. of Ma.	Dagitt.	27	12	a	
3	f	Crath. Purif.	Cappic.	9	13	b	New moone the
4	g	Gilbert.	Cappic.	21	14	c	7 day, 39 min
5	h	Shrovesun.	Squar.	5	15	D	1st. 6 of the clock
6	i	Agatha virg.	Squar.	16	16	e	in the morning
7	c	Angule W.	Pisces	2	17	f	
8	D	Sol in Pisces.	Pisces	15	18	g	First quarter the
9	e	Apollon.	Aries	0	19	a	14 day, near a
10	f	Daab. Mart.	Aries	13	20	b	bout 3 of the
11	g	Euphrosa vt.	Aries	26	21	c	clock in the mor-
12	h	Terme ends.	Taurus	12	22	D	ning.
13	i	Wied. goes out	Taurus	27	23	e	
14	c	Valentine.	Gemin.	11	24	f	
15	D	Ember week.	Gem.	25	25	g	Mathias Apostle.
16	e	Julian vir.	Cancer	9	26	a	Full moon the
17	f	Shammel.	Canc.	22	27	b	41 day, 37 min.
18	g	Simeon mar.	Leo	6	28	c	1st. 6 of the clock
19	h	2 sun. in Lent.	Leo	19	29	D	in the morning.
20	i	Widred vir.	Virgo	2	1	e	March, 1654.
21	c	69. Martyrs.	Virgo	15	2	f	
22	D	Cath. Peter.	Virgo	28	3	g	
23	e	Polycarp W.	Libra	11	4	a	
24	f	Mathias Apo.	Libra	23	5	b	
25	g	Constantine.	Scorpio	5	6	c	
26	h	2 sun. in Lent.	Scorp.	17	7	D	
27	i	Augustine.	Scorp.	29	8	e	
28	c	Osvalde.	Dagitt.	11	9	f	
					PO		

March hath xxxi. dayes.

Now Bleed and Bathe if thou desire,
And Purge also, if need require:
Ill humours doe in many breed,
Provide in time before thou need.

d	David Bish.	Hagit.	22	11	g	Last quarter the
e	Cedde Bish.	Capric.	5	12	a	1 day, 26 min.
f	Maurice.	Capz.	17	13	b	after 8 of the
g	Dotian ms.	Capz.	29	14	c	clock in the morn-
24	Sua. in Lent.	Aquar.	13	15	D	ing.
b	Victor. Mar.	Aquar.	26	16	e	New moone the
c	Perpetu.	Piscess	10	17	f	8 day, 33 min. af-
d	Felix mar.	Piscess	24	18	g	ter 6 of the clock
e	40 Mar.	Pries	9	9	a	at night.
f	Sol in Aries	Art.	22	20	b	First quarter the
g	Quirion.	Taurus	8	21	c	15 day, 22 min.
3	Gregory Bt.	Taurus	23	22	D	after 10 of the
b	Theodore.	Gemin.	7	23	e	clock in the fore-
c	Peter mar.	Gem.	22	24	f	noon.
d	Longine Ma.	Cancer	6	25	g	Annun. of Mary.
e	Boniface.	Cancer	19	26	a	
f	Gertrude vir.	Leo	3	7	b	Full moone the
g	Edward B.	Leo	15	28	c	22 day, 17 min.
3	Palme sunday.	Leo	29	29	D	after 10 of the
b	Cuthbert co.	Virgo	12	30	e	clock at night.
c	Benedict.	Virgo	24	31	f	
d	Aphrodosing.	Libra	7	1	g	Aprill. 1654.
e	Theodore.	Libra	19	2	a	
f	Agapete vir.	Scorp.	1	3	b	
g	Annun. of Ma.	Scorpio	13	4	c	
26	Easter day.	Scor.	25	5	D	Last quarter the
b	Castor Ma.	Hagit.	7	6	e	30 day, near a-
c	Dorothy vir.	Hagit.	19	7	f	bout 2 of the
d	Quintine.	Capz.	1	8	g	clock in the morn-
e	Quirine.	Capz.	13	9	a	ing.
f	Adelme bish.	Capz.	25	10	b	

April hath xxx. dayes.

Now wholesome Bathes thou mayest frequent,
Let blood also, and not repent:
These be good meanes, thee to defend
From grieves, the which on thee attend.

1	g	Theodoze.	Aquar.	8	11	c	
2	A	Low Sunday.	Aquar.	21	12	D	
3	b	Richard Bi.	Pisces	4	13	e	
4	c	Ambrase.	Pisces	18	14	f	
5	d	Martian con.	Aries	2	15	g	New Moone the
6	e	Scutus ma.	Aries	17	16	a	7 day, about 4
7	f	Egyptus.	Taur.	2	17	b	of the clocke in
8	g	Perpetuns.	Taur.	17	18	c	the morning.
9	A	Quind Paschi.	Gem.	2	19	D	
10	b	Sol in Aaur.	Gem.	17	20	e	First quarter the
11	c	Ezechell.	Cancer	2	21	f	13 day, 46 min
12	d	Terme begin.	Cancer	16	22	g	after 6 of the
13	e	Euphras. vtr.	Cancer	29	23	a	clocke at night.
14	f	Tiburt ma.	Leo	13	24	b	
15	g	Leenard.	Leo	26	25	c	Mark Evang:
16	A	3 sun. aft. East.	Virgo	9	26	D	Full moon the
17	b	Tres Pasch.	Virgo	21	27	e	21 day, 51 min.
18	c	Walerian.	Libra	4	28	f	after 1 of the
19	d	Alphage.	Lib.	16	29	g	clocke in the a-
20	e	Victor Ma.	Lib.	28	30	a	ernoon.
21	f	Himeon.	Scor.	10	1	b	May. 1654.
22	g	Sothier vtr.	Scor.	22	2	c	
23	A	4 sun. a't. East.	Hagis.	4	3	D	
24	b	Mense Pasch.	Hagis.	16	4	e	
25	c	Marke Eva.	Hagis.	28	5	f	
26	d	Glete bish.	Capric.	9	6	g	Last quarter the
27	e	Anastassius.	Capz.	22	7	a	29 day, - 22 min.
28	f	Witalis.	Aquar.	4	8	b	after 4 of the
29	g	Petronill.	Aquar.	16	9	c	clocke in the af-
30	A	Regation sun.	Aquar.	29	10	D	ternoone.

May hath xxxi. dayes.

Rise early now this moneth of May,
And walke the fields that be so gay;
From surfeiting see thou refraine,
For soone it will procure thy paine.

b	Phil. & Jac.	Pisc.	12	11	e	
c	Wed. goe out.	Pisc.	26	12	f	
d	Inven. Cross.	Aries	10	13	g	New Moone the
e	Ascent. day.	Aries	25	14	a	6 day, 33 minaut.
f	Goddard.	Taur.	10	15	b	after 11 of the
g	John Por. Lat.	Taur.	25	16	c	clock in the fore
a	John of Beau.	Gem.	11	17	D	noone.
b	Terme ends	Gem.	26	18	e	
c	Gordian St.	Cancer	11	19	f	First quarter the
d	Anthony.	Cancer	25	20	g	13 day, 54 min.
e	Sol in Gem.	Leo	9	21	a	aft. 4 of the clock
f	Acheley.	Leo	22	22	b	in the morning.
g	Boniface.	Virg.	6	23	c	
a	Whitsunday.	Virg.	18	24	D	Whitsunday.
b	Brandan.	Libz.	1	25	e	
c	Bernard.	Libz.	1	26	f	Full Moone the
d	Ember week.	Libz.	25	27	g	21 day, 34 min.
e	Bernardine.	Scor.	7	28	a	after five of the
f	Dunston.	Scor.	19	29	b	in the morning.
g	Glen Du.	Hagitar.	1	30	c	
a	Trinity Sun.	Hagit.	1	31	D	Trinity Sunday.
b	Wed. come in	Hagit.	2	1	e	June 1654.
c	Francis.	Capz.	7	2	f	
d	Adelme.	Capzic.	19	3	g	
e	Augustine.	Aqua.	1	4	a	
f	Terme beg. in	Aquer.	13	5	b	Last quarter the
g	Fede y.	Aqua.	26	6	c	29 day, 11 min.
a	1 sun. aft. Tri.	Pisc.	8	7	D	aft. 3 of the clock
b	Felix.	Pisc.	22	8	e	in the morning.
c	Petronill.	Aries	5	9	f	
d	Meritus.	Aries	19	10	g	

April hath xxx. dayes.

Now wholesome bathes thou mayest frequent,
Let blood also, and not repent:
These be good meanes, thee to defend
From grieves, the which on thee attend.

1	g	Theodoze.	Aquar.	8	11	c	
2	A	Low Sunday.	Aquar.	21	12	D	
3	b	Richard Wi.	Pisces	4	13	e	
4	c	Bimbrose.	Pisces	18	14	f	
5	d	Martian con.	Aries	2	15	g	New Moone the
6	e	Sextus ma.	Aries	17	16	a	7 day, about 4
7	f	Egyptus.	Taur.	2	17	b	of the clocke in
8	g	Perpetuns.	Taur.	17	18	c	the morning.
9	A	Quind Paschi.	Gem.	2	19	D	
10	b	Sol in Aaur.	Gem.	17	20	e	First quarter the
11	c	Ezechieell.	Cancer	2	21	f	13 day, 46 min
12	d	Ferme begin.	Cancer	16	22	g	after 6 of the
13	e	Enphras. btr.	Cancer	29	23	a	clocke at night.
14	f	Tiburt ma.	Leo	13	24	b	
15	g	Leenard.	Leo	26	25	c	Mark Evang:
16	A	3 sun. aft. East.	Virgo	9	26	D	Full moon the
17	b	Tres Pasch.	Virgo	21	27	e	21 day, 51 min.
18	c	Walerian.	Libra	4	28	f	after 1 of the
19	d	Alphege.	Lib.	16	29	g	clocke in the af-
20	e	Victor Ma.	Lib.	28	30	a	ternoon.
21	f	Himeon.	Scorpi.	10	1	b	May. 1654.
22	g	Sothor btr.	Scor.	22	2	c	
23	A	4 sun. a't. East.	Hagis.	4	3	D	
24	b	Mense Pasch.	Hagis.	16	4	e	
25	c	Markt Eva.	Hagis.	28	5	f	
26	d	Clere bish.	Cappic.	9	6	g	Last quarter the
27	e	Anastasius.	Cappi.	22	7	a	29 day, - 22 min.
28	f	Uitatis.	Aquar.	4	8	b	after 4 of the
29	g	Petronill.	Aquar.	16	9	c	clocke in the af-
30	A	Regation sun.	Aquar.	29	10	D	ternoone.

May hath xxxi. dayes.

Rise early now this moneth of May,
And walke the fields that be so gay:
From surfeiting see thou refraine,
For soone it will procure thy paine.

1	b	Phil. & Jac.	Pisc.	12	11	e	
2	c	Wed. goe out.	Pis. sc.	26	12	f	
3	d	Inven. Cross.	Aries	10	13	g	New Moone the
4	e	Ascen. day.	Ariss	25	14	a	6 day, 33 minut.
5	f	Goddard.	Taur.	10	15	b	after 11 of the
6	g	John Por. Lat.	Taur.	25	16	c	clock in the fore
7	h	John of Beu.	Gem.	11	17	D	noone.
8	i	Terme ends.	Gem.	26	18	e	
9	c	Gordian St.	Cancer	11	19	f	First quarter the
10	d	Anthony.	Cancer	25	20	g	13 day, 54 min.
11	e	Sol in Gem.	Leo	9	21	a	af. 4 of the clock
12	f	Acheley.	Leo	22	22	b	in the morning.
13	g	Boniface.	Virg.	6	23	c	
14	h	Whitsunday.	Virg.	18	24	D	Whitsunday.
15	b	Bzandan.	Libz.	1	25	e	
16	f	Bernard.	Libra	13	26	f	Full Moone the
17	d	Ember week.	Libra	25	27	g	21 day, 34 min.
18	e	Bernardine.	Scorp.	7	28	a	after five of the
19	f	Dunston.	Scorp	19	29	b	in the morning.
20	g	Elon Qu.	Hagitar.	1	30	c	
21	h	Trinity Sun.	Hagitt.	13	31	D	Trinity Sunday.
22	b	Wed. come in.	Hagitt.	24	1	e	June, 1654.
23	c	Frances.	Capp.	7	2	f	
24	d	Adelme.	Cappic.	19	3	g	
25	e	Augustine.	Aqua.	1	4	a	
26	f	Terme oeglin.	Aquer.	13	5	b	Last quarter the
27	g	Eode pr.	Aqua.	26	6	c	29 day, 11 min.
28	h	1 sun. aft. Tri.	Pisc.	8	7	D	af. 3 of the clock
29	b	Felix.	Pisc.	22	8	e	in the morning.
30	c	Petronill.	Aries	5	9	f	
31	d	Mertas.	Aries	19	10	g	

June hath xxx. dayes.

Drinke new or iweet, taste not at all,
For thereby growes no danger small:
And to thy selfe such pastime take,
As may in God thee merry make.

1	e	Richomedr.	Taurus	4	11	a	
2	f	Marcellus.	Taur.	19	12	b	
3	g	Erasmus.	Gem.	4	13	c	
4	p	sun. aft. Tri.	Gem.	19	14	D	New moone the
5	b	Beniface.	Cancer	4	15	e	4 day, 29 min.
6	c	Whiston.	Cancer	19	16	f	aft. 7 of the clock
7	d	Hedard.	Leo	4	17	g	at night.
8	e	William.	Leo	18	18	a	
9	f	Edmud.	Virgo	1	19	b	First quarter the
10	g	Innoient.	Vir.	14	20	c	11 day, 8 min.
11	p	Sol in Canc.	Virgo	27	21	D	aft. 5 of the clock
12	b	Cres. Mrin.	Libra	10	22	e	in the afternoon.
13	c	Anthony.	Libra	22	23	f	
14	d	Terme ends.	Scorpio	4	24	g	John Baptist.
15	e	Titus.	Scorpio	16	25	a	
16	f	Voland.	Scor.	27	26	b	Full moone the
17	g	Wotulph ma.	Sagit.	9	27	c	19 day, 22 min.
18	p	4 sun. aft. Tri.	Sagit.	21	28	D	aft. 8 of the clock
19	b	Gervase.	Capz.	3	29	e	at night.
20	c	Edwaod.	Capz.	15	30	f	
21	d	Walburg.	Capz.	28	1	g	July. 1654.
22	e	Albane.	Aquar.	10	2	a	
23	f	Audre.	Aquar.	23	3	b	
24	g	John Bap.	Pisces	5	4	c	
25	p	sun. aft. Tri.	Pisc.	18	5	D	
26	b	John & Paul.	Aries	2	6	e	Last quarter the
27	c	Crescen m.	Aries	15	7	f	27 day, 9 min. af.
28	d	Leo Bl.	Aries	29	8	g	11 of the clock
29	e	Peter Apost.	Taur.	13	9	a	in the forenoone.
30	f	Con. of Pa.	Taur.	28	10	b	

July hath xxxi. dayes.

Perfume thy house with savours sweet,
But such as are for purpose meet:
Abroad as thou in streets dost goe,
Defend thy selfe from stinkes also.

1	g	Octa. of Joh.	Gemin.	13	11	c	
2	g	Utr. of Ma.	Gem.	28	12	D	
3	b	Tran of Tho	Cancer	13	13	e	New moone the
4	c	Mar. Mrans	Cancer	27	14	f	3 day, 48 min.
5	d	Joe virg.	Leo	12	15	g	after 3 of the
6	e	Octa. of Pet.	Leo	26	16	a	clocke in the af-
7	f	Tho. Mart.	Virgo	9	17	b	ternoon.
8	g	Gimbald.	Virgo	23	18	c	
9	b	7 sun. aft. Tri.	Lib.	5	19	D	
10	b	7 Bzethren.	Libz.	18	20	e	First quarter the
11	c	Trans. of Os.	Scorpio	0	21	f	11 day, 47 min.
12	d	Nab. & Fel.	Scorp.	12	22	g	aft. 7 of the clock
13	e	Sol in Leo.	Scorp.	24	23	a	in the morning.
14	f	Benavent.	Hagtear.	6	24	b	
15	g	Swithen.	Hag.	18	25	c	James Apostle.
16	b	8 sun aft. Tri.	Capr.	0	26	D	Full moone the
17	b	Renelme.	Capric.	12	27	e	19 day, 17 min.
18	c	Arnolph Wl.	Capric.	24	28	f	after 10 of the
19	d	Dog da.beg.	Aquar.	7	29	g	clocke in the
20	e	Marga. bste.	Aquar.	19	30	a	forenoone.
21	f	Pxart. vir.	Pisc.	2	31	b	
22	g	Mary Mag.	Pisces	15	1	c	August. 1654.
23	b	9 sun. aft. T. i.	Pisces	29	2	D	
24	b	Christian b.	Aries	12	3	e	
25	c	James Apost.	Aries	26	4	f	
26	d	In. 29d. 29.	Taur.	10	5	g	Last quarter the
27	e	7 Sleepers.	Taurus	24	6	a	26 day, 6 min.
28	f	Hampson.	Gem.	8	7	b	after 5 of the
29	g	Felix.	Gem.	22	8	c	clocke in the af-
3	b	Abdon & Se.	Cancer	7	9	D	ternoone.
3	b	Germane.	Canc.	21	10	e	

August hath xxxi. dayes.

As burning heat will thee destroy,
So shivering cold will thee annoy:
Let little sleepe thee now content,
Purge not, nor bleece, lest thou repent.

1	c	Laurentius day.	Leo	6 11	f	New Moone the
2	d	Stephen M.	Leo	20 12	g	a day, 34 min. af.
3	e	Inuen. Ste.	Virgo	4 13	a	10 of the clocke
4	f	Justine pvt.	Virgo	17 14	b	in the forenoon.
5	g	Emo pvt. con.	Libra	1 15	c	First quarter the
6		11 sun.att. Tr.	Libra	14 16	d	10 day, 23 min.
7	b	Fest. Jesu.	Libra	26 17	e	before one of the
8	c	Ciriacke.	Scorpio	8 18	f	clocke in the
9	d	Woman mart.	Scorpi.	20 19	g	morning.
10	e	Lawrence.	Sagitt.	2 20	a	Full Moone the
11	f	Tiburt.	Sagitt.	14 21	b	17 day, about 11
12	g	Clare vte.	Sagitt.	26 22	c	of the clocke at
13		Sol in virg.	Capric.	8 23	d	Night.
14	b	Eusebius.	Capric.	20 24	e	Bartol. Apst.
15	c	Alamp. ma.	Aqu.	2 25	f	
16	d	Barth. Conf.	Aqua.	15 26	g	
17	e	Octa of Ia.	Aquar.	28 27	a	Last quarter the
18	f	Agapete.	Pisc.	11 28	b	24 day, 26 min.
19	g	Magnus.	Pisces	25 29	c	after 10 at night.
20		11 sun.att. Tri.	Aries	9 30	d	
21	b	Bernard Ca.	Aries	22 31	e	
22	c	Octa. Blum.	Taurus	6 1	f	Septemb. 1654.
23	d	Timothy.	Taur.	21 2	g	
24	e	Bartol. Apst.	Gem.	5 3	a	
25	f	Lebros King.	Gem.	19 4	b	
26	g	Jepherine.	Can.	3 5	c	New Moone the
27		14 sun.att. Tr.	Cancer	17 6	d	31 day, 36 min.
28	b	Dog. 13, 200.	Leo	1 7	e	after 10 of the
29	c	Disciple of Joh.	Leo	15 8	f	clock at night.
30	d	Felic & Iu.	Leo	29 9	g	
31	e	Cathbert.	Virg.	12 10	a	

September hath xxx. dayes.

Raw fruit though ripe, may sicknesse bring,
Unripe much eaten, a dangerous thing:
It now a Surfeit thou dost take,
When others sleep, then thou must wake.

1	f	Giles Abbot.	Virg.	26	11	b		
2	g	Anth. mar.	Libra	9	12	c	First quarter the	
3	A	Gregorie.	Libra	21	13	d	8 day, 6 min.	
4	b	Cuthbert.	Scorp.	4	14	e	aft. 6 of the clock	
5	c	Vertine.	Scorpio	16	15	f	at night.	
6	d	Engenius.	Scorpi.	28	16	g	Full moone the	
7	e	Mat. D. Clt.	Hagis.	10	17	a	16 day, 29 min	
8	f	Mat. of Ma.	Hagis.	22	18	b	after 10 of the	
9	g	Silv. bish.	Capric.	4	19	c	clock in the fore-	
10	A	16 sund. af. Tr.	Capr.	16	20	D	noon.	
11	b	Martian.	Capric.	28	21	E	Mathew Apostle.	
12	c	Mauritip.	Aqua.	10	22	f		
13	d	Solen Libra.	Aqua.	23	23	g		
14	e	Holy Crosse.	Pisces	6	24	a		
15	f	Mat. of Mar.	Pisces	20	25	b	Last quarter the	
16	g	Edith vir.	Aries	4	26	c	23 day, 34 min.	
17	A	Lambere ms.	Aries	18	27	D	after 4 of the	
18	b	Widow	Taur.	2	28	E	clock in the mor-	
19	c	Januar. m.	Taur.	17	29	f	ning.	
20	d	Ember week.	Gem.	1	30	g		
21	e	Marth. Aro.	Gem.	16	1	a		
22	f	Mauritie m.	Cancer	0	2	b		
23	g	Tecla.	Canc.	14	3	c		
24	A	18 sun. aft. Tr.	Canc.	28	4	D		
25	b	Firmin.	Leo	13	5	E		
26	c	Cyp. & Ju.	Leo	25	6	f	New moone the	
27	d	Cos. & Dam.	Virgo	8	7	g	29 day, 21 min.	
28	e	Exuper. con.	Virg.	21	8	a	at 11 of the clock	
29	f	Micha. Arch.	Libra	4	9	b	in the forenoon.	
30	g	Hierome.	Libra	17	10	c		

October 1654.

October hath xxxi. dayes.

Warme clothes must now provided bee,
Also warme meates be good for thee :
Have good regard thy feet be dry,
Thou shalt avoid much harme thereby.

			Scorp.	0 11	D	
1	b	19 lun. aft. Ti.	Scorp.	12 12	e	
2	b	Leodegarius.	Scorp.	24 13	f	First quarter the
3	c	Candide.	Hagit.	6 14	g	8 day, 15 minut.
4	d	Francis con.	Hagit.	18 15	a	aft. 2 of the clock
5	e	Apolin mat.	Capp.	0 16	d	in the afternoon.
6	f	Fayth vir.	Cappic.	12 17	c	
7	g	Marce mar.	Capp.	24 18	D	Luke Evang.
8	b	20 lun. aft. Tri.	Aquar.	6 19	e	
9	b	Dionice.	Aquar.	18 20	f	
10	c	Geeson.	Pisces	1 21	g	
11	d	Firman Bi.	Pisces	14 22	a	
12	e	Wilfylde.	Pisces	28 23	b	Full moone the
13	f	Sol in Scor.	Tri.	12 24	c	15 day, 22 min.
14	g	Calixtus.	Tries	26 25	D	after 9 of the
15	b	Wolfron.	Taur.	11 26	e	clock at night.
16	b	Michaell.	Taur.	26 27	f	
17	c	Ethebyred.	Gem.	11 28	g	Last quarter the
18	d	Luke Evan.	Gem.	26 29	a	22 day, 49 min.
19	e	Fuldewick.	Cancer	10 30	b	aft. high-noon.
20	f	Cres Wiche.	Canc.	25 31	c	
21	g	11 Virg. mar.	Leo	8 1	D	Novemb. 1654.
22	b	22 sun. aft. Tr.	Leo	22 2	e	
23	b	Terme begin.	Virgo	4 3	f	
24	c	Maglozy Bi.	Virgo	18 4	g	
25	d	Cris. & Crisp.	Virgo	1 5	a	New Moon the
26	e	Resula vir.	Libra	14 6	b	30 day, 51 min.
27	f	Wense Wic.	Libra	26 7	c	after 3 of the
28	g	Simon & Jud.	Libra	8 8	D	clock in the mor-
29	b	23 sun. aft. Tri.	Scor.	21 9	e	ning.
30	b	Germane.	Scor.	2 10	f	
31	c	Quintin.	Hag.			

November hath xxx. dayes.

If Rheumes doe now molest thy head,
It is not ill to sweat in bed :
Feed on good meates, if stomacke serve,
Else seeke for that which doth preserve.

1	D	All Saints.	Hagit.	15	11	g	
2	e	St. Howles	Hagit.	27	12	a	
3	f	Crast. Unim.	Capric.	8	13	b	
4	g	Amantius.	Capric.	26	14	c	
5	D	Powd. Treal.	Aquar.	2	15	D	First quarter the
6	b	Wilfride.	Aquar.	14	16	e	7 day, 36 min.
7	c	4. crowned.	Aqua.	27	17	f	aft. 8 of the clock
8	D	Florentine.	Pisces	9	18	g	in the morning.
9	e	Theodoze.	Pisces	22	19	a	
10	f	Triphon.	Aries	6	20	b	Full Moone the
11	g	Martin bish.	Aries	20	21	c	14 day, 38 min.
12	D	Sel in Sag.	Taurus	4	22	D	after 7 of the
13	b	Brice.	Taurus	19	23	e	clock in the morn-
14	c	Erken.	Gem.	5	24	f	ing.
15	d	Machente.	Gem.	20	25	g	Last quarter the
16	e	Edmund.	Cane.	5	26	a	21 day, 49 min.
17	f	Daab. Mar.	Can.	20	27	b	before 1 of the
18	g	Hugh Bish.	Leo	4	28	c	clock in the morn-
19	D	26 lun. aft. Tr.	Leo	18	29	D	ing.
20	b	Edmund Ki.	Virgo	2	30	e	Andrew Apostle.
21	c	Pyel. of Ma.	Virgo	15	1	f	Decemb. 1654.
22	d	Cecily virg.	Virgo	28	2	g	
23	e	Clement Bi.	Lib.	11	3	a	
24	f	Chrysogon.	Libra	23	4	b	
25	g	Katherine.	Scor.	5	5	c	
26	D	27 sun. aft. Tr.	Scor.	17	6	D	New moone the
27	b	Agricola.	Scor.	29	7	e	18 day, 32 min.
28	c	Termic ends.	Hagit.	11	8	f	after 10 of the
29	d	Saturnem.	Hagita.	23	9	g	clock at night.
30	e	Andrew Apot.	Capz.	5	10	a	

December hath xxxi. dayes.

Now cold December is come in,
And poore Mans backe is clothed thin:
Feed and clothe them as ye may,
The Lord will it threefold repay.

1	f	Candid. Ma.	Capp.	17	11	h	First quarter the
2	g	Libane m.	Capp.	29	12	c	7 day, 30 minut
3	h	1 Sun. in Adv.	Squa.	11	13	D	before 1 of the
4	b	Wed. goes out	Squa.	23	14	e	clock in the mor-
5	c	Nichol. con.	Pisces	5	15	f	ning.
6	d	Abba Abb.	Pisces	18	16	g	Full moone the
7	e	Out of Ind.	Aries	1	17	a	13 day, about 6
8	f	Cont. of M.	Aries	15	18	b	of the clocke at
9	g	Cyprian.	Aries	29	19	c	night.
10	h	2 Sun. in Adv.	Taur.	13	20	D	Last quarter the
11	b	Damascus.	Taur.	28	21	e	20 day, 44. min.
12	c	Sol in Capr.	Gem.	13	22	f	after 2 of the
13	d	Lucian Bir.	Gem.	28	23	g	clocke in the af-
14	e	Othilie vir.	Cancer	13	24	a	ternoone.
15	f	Valerian.	Can.	28	25	b	Christ mas day.
16	g	P. Sapient.	Leo	13	26	c	Stephen mar.
17	h	3 Sun. in Adv.	Leo	27	27	D	John Evang.
18	b	Gratian.	Virgo	11	28	e	Innocents day.
19	c	Clement con.	Virgo	24	29	f	
20	d	Ember week.	Libra	7	30	g	
21	e	Thontas Apo	Lib.	20	31	a	
22	f	30 Martyrs.	Scorpio	2	1	b	January. 1653.
23	g	Victoria virg.	Scor.	14	2	c	
24	h	4 sun. in Adv.	Scor.	26	3	D	
25	b	Nativ. Chr.	Sag.	8	4	e	
26	c	Stephen.	Sag.	26	5	f	New Moon the
27	d	John Evang.	Cap.	2	6	g	28 day, 15 min.
28	e	Innocents.	Cap.	14	7	a	after 6 of the
29	f	Tho. Becket.	Cap.	26	8	b	clock at night.
30	g	Trans. of Ja.	Squa.	8	9	c	
31	h	Silvester.	Squa.	20	10	D	

NEVE. 1654.

A PROGNOSTICATION,
Serving for the yeare of our
Lord God and Saviour
JESUS CHRIST

1654.

Wherein you may observe the
grounds of the alteration and conditi-
on of the foure Quarters of this yeare:
As also the disposition of the Aire, for each seve-
tall Moneth, according to the inclination of the
Coelestiall bodies, with the change of the
Moone, her full, and Quarters, and the
time of the Eclipses, with other
things fit to bee knowne
and observed.

Calculated, and especially refer-
red to the Longitude and Elevation of
the Pole Artick, of the antient and fa-
mous City of *Norwich*, and may serve
generally for all *England*.

Collected, and Published, By
JOHN NEVE, Gent.

The 54. Edition by the Author.

Printed at *London* by *W. Wilson* for the
Company of Stationers. 1654.

A Prognostication.

A Briefe and necessary Rule, for the beginning and ending of the four Termes, with their Returns.

Hilarie Termes begins Jan. 23. and endeth Febr. 12. and hath four Returns.

Ostab. Hilar. Jan. 20.	Craft. Purif. Feb. 3.
Quind. Hilar. Jan. 27.	Ostab. Purif. Feb. 10.

Easter Termes begins 17. dayes after Easter, and ends the monday after Ascencion day, and hath six Returns.

Quind Pasch. Appill 10.	Quinq; Pasch. May 1.
Tres Pasch. Appill 17.	Craft. Ascen. May 5.
Mense Pasch. Appill 25.	

Trinity Termes begins the friday after Trinity Sunday, and ends the wednesday fortnight after, & hath four Returns.

Craft. Trin. May 22.	Quind. Trin. June 5
Ostab. Trin. May 29.	Tres. Trin. June 12.

Michaelmas Termes begins October, 23. and endeth 28. November, and hath six Returns.

Tres Mich. Octob. 26.	Craft. Mart. Robem. 11.
Mense Mich. Octob. 27.	Ostab. Mart. Robem. 11.
Craft Anim. Robem. 3.	Quind. Mart. Robem. 21.

Note that the Exchequer openeth eight daies before any Termes begins, except Trinity Termes, which it openeth onely four daies before.

On these dayes following, the Judges
sitt not at Westminster.

In {	Hilarie	{	Candlemas	Day
Laster	{	Ascencion		
Trinity	{	Midsummer		
Michael.	{	Alholland		

most plaine and easie table, shewing the true
ne of the beginning, continuance, and yeares since,
Reign of each King and Queen, in *England* from
the Conquest, untill this year 1654. collected
forth of *Chronicles*, and set forth for pro-
fitable use of *Lawyers*, *Scri-
veners*, &c.

the Kings names.	Began their Reign.	Reigned yea es. m. o. da.	Since their Reign.
W. Conqu.	1066. Oct. 15	20. y. 11. m. 20. d	588. Sept. 9
R. Rufus.	1087 Sep. 9	12. y. 11. m. 19. d	567. Aug. 1
Henry 1.	1100 August 1	35. y. 4. m. 1. d	554. Dec. 2
Stephen.	1135 Decem. 2	18. v. 11. m. 18. d	519. Oct. 25
Henry 2	1154 Oct. 25	34. y. 9. m. 1. d	500. July 6
Richard 1	1189 July 6	9. y. 9. m. 0. d	465. Apr. 6
King John	1199 April 6	19. y. 7. m. 0. d	455. Oct. 19
Henry 3	1216 Octo. 19	56. y. 1. m. 0. d	428. No. 16
Edward 1	1272 Nov. 16	34. y. 8. m. 6. d	382. July 7
Edward 2	1307 July 7	19. 7. m. 5. d	347. Ian. 25
Edward 3	1326 Janu. 25	50. y. 5. m. 7. d	328. Ian. 21
Richard 2	1377 June 21	22. v. 3. m. 14. d	277. Sep 29
Henry 4	1399 Sept. 29	13. y. 6. m. 3. d	255. Mar. 20
Henry 5	1412 March 20	9. v. 5. m. 24. d	242. Au. 21
Henry 6	1422 Aug. 31	38. y. 6. m. 8. d	233. Mar. 4
Edward 4	1460 March 4	22. y. 1. m. 8. d	194. Apr. 9
Edward 5	1483 April 9	0. y. 2. m. 18. d	171. Jun. 22
Richard 3	1483 June 22	2. v. 2. m. 3. d	171. Au. 22
Henry 7	1485 Aug. 22	23. y. 10. m. 2. d	169. Ap. 22
Henry 8	1509 April 22	37. y. 10. m. 2. d	145. Ian. 28
Edward 6	1547 Ianu. 28	6. y. 5. m. 19. d	108. July 6
Queen Ma.	1553 July 6	5. y. 4. m. 22. d	101. No. 17
Queen Eliz.	1558 Nov. 17	44. y. 4. m. 26. d	96. Mar. 24
King Jam.	1602 Mar. 24	22. y. 0. m. 3. d	52. Ian. 27
King Char.	1625 Mar. 27	23. y. 10. m. 3. d	30. Ian. 30

A Prognostication.

Some briefe generall Rules for Husbandry and Gardening.

The best time to sow all kinde of Cōr̄ne, is when the Moone goeth her course in Cancer.

The best time to plant and graft, is in the increase of the Moone, shes being in Taurus, Virgo or Capricornus.

Remove and set young trees from October till February, in the first quarter of the Moone, shes being in Taurus or Capricornus.

Crop trees and sell wood, that the stock may the better and sooner grow againe, when the Moone is in the first quarter.

Fell timber in December and Jan. in the old of the Moone is best: But if you would have it grow againe, cut it downe in the new of the Moone.

The best time to cut Wines, is in the end of January, in February, and in the beginning of March, the Moone increasing in Taurus, Virgo, or Capricornus.

Cut hedges betwene the change and full, from the end of January, till the beginning of June.

Set and sow all kinde of seeds, the moone being in Aries, Taurus, Cancer, Virgo, Libra, Capricornus, Aquarius, or Pisces: But the seeds whose roots bee round, must be solvēd three or fourre daies before or after the full moone.

Gathēr all manner of fruits, neere the full Moone, in a dry time, gather flowers and seeds for stōre, at the full of the Moone.

Geld cattell, the moone being in Aries, Sagittarius or Capricornus: Sheare sheep, cut haye that it may the sooner grow againe: the Moone increasing, this is from the change to the full.

To mucke your land that weedes may not abound, is best in the last quarter of the Moone.

To set vine to hill fat swine is in the increase, with

Neve. 1654.

ry full Moone, the lard will the better endure the
siling.

whē Destroy wens, Warts, and Coynes, &c. in the
1st quarter of the Moone.

creas
prior of all the Eclipses which shall happen this
present yeare of our Lord God 1654. according to
the Excellent observations of Tycho Brahe,
and the prutenick Tables.

There may be observed, and apparently seene (un
to the Inhabitants of this our Terrestriall orbe)
this yeare 1654 fourre Eclipses, two of the sun, and
two of the moone; whereof the first of the sun shall
be seen by us heere in England: but the other
will visibly appear in our Horizon, if the
weather prove to be faire and cleare.

Of the first Eclipse of the Sun.

Upon the 17 of February, in the Gregorian yeare,
but according to our computation, in the Julian
English yeare, on the 7 day of February, betwene
and 7 of the clock in the morning, shall appeare a
great eclipse of the Sun, unto the people that dwell
in the south part of the Indians, under the longi-
tude of 132 degrees, and in the south latitude of 42
degrees, the whole continuance of this aforesaid
eclipse, will be two houres and 59 minutes.

Of the second Eclipse of the Moon.

This partie Eclipse of the Moon, may be seen
by us in England, some small time before
the setting or going downe of the Moon on the 25
February 37 min. after 6 of the clock in the mor-
ning, the beginning of this obscurity will be about
3 of the clock, the middle betwēn 6 and 7, and the end
before

A Prognostication:

before 8 of the clock. The totall duration of this Eclipse shall be two houres and 21 minutes.

Of the third Eclipse of the Sun.

The third & great Eclipse of the Sun, shall sensibly visibly appear unto vs heere in England, upon the second of August, halfe an houre after 10 of the clock in the forenoone: the beginning whereof will be before nine, the middle neare ten, and the end shall be neare 11 of the clock. This great defect or obscuritie of the Sun, may generally be seene all over Europe: The digits or degrees eclipsed, will be 11 and 55 minutes, the continuall from the beginning to the ending, shall be two houres and 40 minutes. This Eclipse will extend it selfe to be seene unto those that inhabit under the North Latitude of 44 degrees, and in the Longitude of 62 degrees and 30 minutes.

Of the fourth and last Eclipse of the Moone.

There shall be visibly seene of vs in our Horizon, in England, another small particle Eclipse of the Moone, upon the 17 day of August, about 11 of the clock at night, the Moon being at that instant, Diametrically opposite to the Sun in Pisces, a signe of the watery Triplicity, cold and moist, flagrante, feminine, septentrional, and common, the house of Jupiter, the exaltation of Venus, and the detriment and fall of Mercury. The beginning of this Eclipse shall be before 10 of the clock, the middle neare 11 of the clock, and the end about 12 of midnight. The degrees eclipsed will be two and fiftie four minutes. The totall duration of this defect of darkness shall be two houres and seven minutes.

The great coniunctions of great Stars,
The Eclipse of Sun and Moone :
Doth threat great Death, great Dearth and wars,
If we repent not Soone.
Now God above, and wrath above,
And Heaven above relent :
And man beneath, and sinne beneath,
And Earth beneath, Repent.

briefe Rules and necessary Observations
concerning Bleeding, Bathing, Purging,
and sweating, according to the motions
of the Moone.

Of Bleeding.

When the weather is extreme hot or cold, it is not
then convenient, either to let blood or to purge,
unless some great necessity do require it: yet notwithstanding
hasting, if this blood-letting be for the phrenie, the
Spleen, for a continuall head-ach, proceeding of
holler or blood, or any hot-burning Fever, or other
extreme pain, a man in such a case may not stay for a
chosen time, because the patient might miscary in the
mean season: but in this aforesaid case of extremity,
blood is not to be let in such a quantity, as otherwise
it would, if a chosen time might conveniently be ex-
pated.

The best time to let the Phlegmatick blood is when
the moon is in Aries or Sagittarius, the head and thighs
excepted. For the Melancholy, the moon being in Libra
or Aquarius, the buttocks and legs excepted.

For the Cholerick, the moon being in Cancer, Scor-
pio, or Pisces, the breast and feet excepted.

For the Sanguine, all be good which before is named.
In Spring time let blood at the right side.

In Harvest time let blood on the left side.

A Prognostication.

Of Bathing.

BAtlings are commonly used rather for pleasure than for profit, specially where hot houses are overmuch haunted: but I intend not to speake of them other wise than to advertise those that tender their owne health to be wary and circumspect, in resorting unto them, without cause, and immediately after or with such persons as be uncleane. Know that it is not good to bath, the Moon being in earthly signes, as in Taurus, Virgo, or Capricornus, the reason is, because they are of a cold nature, and the nature of cold is to restraine and bind: and so the moone being in these signes, the pores of the body are closed and shut: so that there can be no resolution of humours and superfluities which by bathing ought to bee avoyded. But in fiery signes, as when the moon is in Aries, Leo, or Sagittarius, then it is a good time for bathing, for then the body is apt to resolution; for it is the nature of heat to open and resolve.

It is best bathing two or threes dayes after the change, and at the full of the moone, for then the superfluities are ripe and ready to be avolded, and disposed to flow and issue out, which indeed is the true end and use of bathing.

If any will enter into the Bath for cleanness sake, let the moon be in Libra or Pisces.

Furthermore, if bathing be used for health, let the party grieved learne of the wise Physician, whether his sicknes hath need of moistening or drying, for if it require moistening, as in Phthisis, and such like, then let him bath in watry signes, having good aspects with Jupiter or Venus. But if the sicknes require drying, as in Paralysis, and the like, then let him bath the Moone being in fiery signes, having good aspects with Mars and the Sunne.

Also

Also before you enter into any bath, your body must first prepared & purged, for if you go in unprepared inadvertence you may be worse than before.

The best time of the year to bath in is in the Spring, or Harvest, and in the months of May and September.

The best time of the day to go into the bath is one hour after the sun-rising at the least, always provided that you walk either an hour, or halfe an houre more, and have a strole either by naturall or art: you must cover your head well so long as you be in the bath, and beware you drinke not cold drinke, although you be very thirsty, but forbear all things that be cold, when you are hot within, cold strike suddenly into some principall member and hurt you.

The time of tarrying in the bath is commonly one hour, but it may be more or lesse, according to the nature of the bath, or sicknes of the party, at the discretion of the wise physician.

For Purginge

In purging these five things ought to be knowne.

1	The humour which aboundeth
2	The best way to avoyd it.
3	The strength of the person.
4	The manner of the sicknesse.
5	The force & nature of the medis- cine.

For when these things are not considered and observed, many perillous accidents may follow, & greatly hurt the body.

Good signes for purging generally are Cancer, Scorpio, and Pisces, particularly with potions or drinckes, the Moon being in Scorpio.

Purge with Electuaries, the moon being in Cancer,
Purge with Oills the Moon being in Pisces.

Take preparatives, the moon being in Gemini, Li-
bra, or Aquarius.

Take

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Take vomits, the moon being in Aries, Cancer, or Capricornus.

Take Glisters, the moon being in Libra, or Scorpio.

To provoke Meelings, the moon being in Cancer, Leo, or Libra.

To stop Fluxes, Rheumes, and Laxes, the moon being in Taurus, Virgo, or Capricorne.

God to comfort the vertue Attractiue, the moon being in Aries, Leo, or Sagittarius.

God to comfort the vertue digestiue, the moon being in Gemini, Libra, or Aquarius.

God to comfort the vertue Retentive, the moon being in Taurus, Virgo, or Capricornus.

God to comfort the vertue Expulsive, the moon being in Cancer, Scorpio, or Pisces.

For using of Unguentz or Platsters, they are best to be applyed and used, when the moon is in that signe which governeth the same member or part of the body to which it is applicable.

For Sweatings.

Sweatings, as they are of two sorte, that is to say

Naturall and Artificiall, so they are used for these ends and purposes: the naturall sweat, if good helpe be taken in opening of the pores will dissolve grosse and thick humours, will cleanse the blood, will comfort the spirits, will put away cold, will consume rauine humours, qualifie and quench raging fevers, will help unnesse and the dropse.

The Artificiall sweat will cleanse scabs, put away itch, amend dulnesse in hearing, ease the stone, dissolve congealed and cold melancholy blood & humours.

But for the better performing and effectuall working in these causes, the counsell of the learned Physician, is to be desired and used.

The best and moste signes to sweat in, are Leo, Aries, and Sagittarius, and that two or three dayes after the change, and at the full of the moon. And

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You note that sweating is better to be done in the
evening than in the morning: for when the body hath
nurishment within, the spirits shall not so easily be
drawn forth to the extreme parts.

Note further, that leane folks and dayes of flesible per-
sons, must sweat little, for it will hurt them
much: but fat folks may sweat well and it will doe
them much good.

A Briefe Description of the foure Quarters of
this present year of our Lord God. 1654.

Of Winter.

WINTER, (which is the chalke for the Spring,
the disgrace of Summer, and the deep debarer
of the fruitfull harves) began to take his effects ac-
cording to our usuall computation on the 21. of Decem-
ber in the year aforesaid, going, at the first entrance
of the Sun, into the first minute of the signe Capri-
cornus, at which time the Sun shall be at his grea-
test south declination, from the Equinoctiall line, so
that he riseth South-east, and setteth South-west.

Now is the Hymall of winter solstice; for the sun
is so far removed from our Zenith, or vertical point,
that he cannot decline any further, and stands at a
day or day, and then is the shortest day and longest
night in the year, and so this Quarter doth conti-
nue untill the 10. of March next following.

This season is by nature cold and moist, unpleasante
in the most part to travellers, either by sea or land, &
unto aged persons it is very combustive & noysome, cau-
sing superfluity of rawnesse, and abundance of cold
moystnesse to overset their bodies, to their great
troubles and disquietnesse.

The infirmities and sicknesse, most like to afflic-
tions bodies this quarter, will bee colds, Poses,
coughes,

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coughs, rheumes, appoplexes, colicks, quotidian fevers, cold ill humours indigested, harsenesse and many rheumatick diseases in severall parts of the body.

Thus will the starres if God assent,
Whose power alone can all prevent.

Of the Spring.

The Sun (which is the eye of the world) the fountain of light, and the chiefe moderator of all the rest of the lights,) hath like a Giant run his race, and finished his revolution (Gradatim) throughout the 12. signes, and now this 10. of March beginneth his journey afresh again, and goeth an even course, and so becomes an indifferent habiter between the day and night, and maketh an equality throughout his whole government, to the great joy and comfort of all his revived subjects, cherishing with his splendent countenance the poore weatherworn weeds of this our darkstar of mortality, (which the darkned countenance of winters extremity, had almost subdued) with his excellent presence, whereat the earth begins to smile, and to put on her new apparell, the flourishing livery of fresh Flora.

This season is by nature hot & moist, the most temperate time of the yeare, and the least breeding of diseases that doth procure death; and a very convenient time for the removinge of sickness & grieses gotten before, and also to abyde and prevent those that are to come: for now the dull sensess & spirits of man & other creatures are quickned and revived, and therefore the humours which doe abound, and are readiest to oppresse nature, are fit to be emptied and abyded, whether by blood-letting, purging, or otherwise, as the learned Physitian shall advise, and as the cause of the Disease shall require: such therefore as be diseased, let them not neglect this time.

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The diseases and sicknesses most likely to rale and rage this quarter, are tertians, and many unconstant fevers, oppilitations, or obstructions in divers parts of the body, jaundies, impostumes, squintances, swellings, itch, boyles, pushes, measles, small pox, tetteres, ringwormes, bleeding at the nose, with many other diseases which may arise from the corruption of the blood.

Infection from the startes may fall,
But one above doth stay them all.

Of Summer.

Summer the third part of our vulgar years, acco-
ding to our usuall computation: now when the sun
hath fully determined the syning with his last Grade
of Gemini, and hath moved in his motion to the high-
est poynt of his course, namely to the 1 degree of Can-
cer, which shal be this year the 11. of June. Now is
the second Solstice of the year, called the Estival or
Summer Solstice; for even as the sun when he en-
treth Capricornus, hath his greatest south declina-
tion from the Equinoctial line; so now at his ingress
into the beginning of Cancer, he hath his greatest de-
clination toward the north, from the said Equinocti-
al line; and even then as at the time of the winter
solstice he was so far removed fro our vertical point,
that he could move no further towards the South,
and was therfore to approach again towards our
North latitude, at which time he seemeth to stand: so
now being come so near to our Zenith that he cannot
remove no further towards the north, and is therfore
to revert again to the south latitude. At the first go-
ing from us he seemeth also to stand, insomuch that
than as before at his return toward us again, he
made with us the shorkest day and longest night in
the year: so now at his return from us, he maketh

with

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with us contrariwise the longest day and shortest night in the year: and afterwards declineth more and more from us, like as before he moved more and more towards us.

This season according to his proper nature is hot and dry, turning the humours of mens bodies into hardness and dryness, resembling the element of fire and complexion of choler, bringing all fruits to their ripenes, cattell to their fatnesse, and men to their wealth.

The Aicknesses and Sicknesses likely to oppresse and afflic us this quarter, (according to the judgement of Hypocrates, and many other learned writers of Physick,) are hot burning feavers, phrenzies, inflammations, plurices, spotted fevers, pestilent fevers, impostumes of the lungs, Brasgury, ulceration of the bladder, and such other maladies as may proceed of the heate of blood and choller.

I hough starrs incline to worke us ill,
All shall be as the maker will.

Of Autumne.

Autumn, according to our accustomed Computacion, the last quarter of this yeare, beginneth at the Sunnes departure from the last scruple of Virgo, into the first degree of the second Equinoctiall signs Libra, the which wil be this yeare on the 13 day of September the day and night being of an equal length as in the spring: at which time is the Autumnall Equinoctiall, so even as at the Sunnes entrance into Aries, the day increasing from the winter Holstice, till then came to be equall with the night, going on still more and more till the summer Holstice, when was the longest day and shortest night: so now the night by increasing from the Estival Holstice, to the sunnes ingredience into Libra, hath got to be equal with the day, and shall increase more & more, till the Vernal Holstice.

solstice come again, when the night is longest, and the day shortest.

This time of the year is of it self unconstant & variable, warm in the day time, and cold in the night.

This quarter, because of the inequality of temperature, may, as Hypocrates saith, be called the Mother & Nurse of deadly sicknesses: And as Galen saith, that this time of the year is very dangerous for taking sicknesses.

The bodily sicknesses and diseases, commonly attending this time of the years, are many; as the stone, paine in the back and raine, with stopping & impesing of urine, much iugut aches, sciaticas, and gouts, many quartaines fevers, falling sicknesses, vertigoes, appoplexies, palsies, lethargies, convulsions, cramps, humorods, fistulæ, Encelias, Dysenteria and fluxes, melancholy, deliration and madness, windiness and obstructions of the spleen, and such diseases as may proceede of grosse phlegme, and melancholie.

Thus every Planet in his kind,
Is to performe the Almighties minde.

A Declaration of the inclination, and disposition of the winds and weather, according to the severall motions configurations and influences of the erratrical and fixed starres: with the day, hour, and minute of the change of the Moone, her full, and quarters: And also the rising and setting of the Sunne, in every seventh day of every moneth of this present year of our Lord God. 1654.

Of January.

Day.	The Sun riseth.	The Sun setteth.
1.	houre. 8. and 3. min.	houre 3. and 57. min.
7.	houre. 7. and 56. min.	houre 4. and 4. min.
14.	houre. 7. and 46. min.	houre 4. and 14. min.
21.	houre. 7. and 34. min.	houre 4. and 24. min.
28.	houre. 7. and 23. min.	houre 4. and 37. min.

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New Moon the 8. day 53. min. after 3. of the clocke in the
afternoone, winterly weather.

First quarter the 15. day 25. min. after 7 of the clocke at night,
stormy and uncontant.

Full Moone the 22. day 10. min. after 4. of the clocke at night,
fitting the season.

Last quarter the 30 day about high neone, some stormy weather
and moysure.

Januaries Abstract.

In this moneth let not bloud, neither use but little
Phylck, except great necessity constraines thee, and
beware of taking cold, for in this moneth Rheumes,
Flegme doe much increase: to fast long is hurtfull, but
to drinke white-wine fasting is good & whollome, use
meates that are naturally hot moderately, and wear
warme cloath.

In worldly busynesse, this moneth you may set all
kind of common fruit trees, or plants, as Beans,
Plum, Cherry, Filbert, Walnut, and such like: Haw-
thorne, and all sorts of Nutt-setts, or plants are
fittest to be generally set from the change to the first
quarter,

Take away mosse and superfluous branches from
your trees: and this moneth is good to set Beans,
Pease, Parsenips, Radish, Leeks, Garlick, Turnips,
and Onions, if the weather porbe mild, and the moon
past the full: you may begin to graft at the end of this
moneth so as the moon be increasing in her light.

Good Husbands also this moneth crop their trees,
sell Timber, and geld cattell, such as are to be gelded
the state of the moon alwayes considered.

Of February:

Day.	The Sunrises.	The Sunsetts.
1.	houre 7. and 13. min.	houre 4. and 47. min.
7.	houre 7. and 4. min.	houre 4. and 56. min.
14.	houre 6. and 50. min.	houre 5. and 10. min.
21.	houre 6. and 34. min.	houre 5. and 26. min.
28.	houre 6. and 22. min.	houre 5. and 38. min.

Neve. 1654.

New moon the 7 day 39 min. after 6 of the clock in the morning, windy and cold.
first quarter the 14. day neere abour 3 of the clock in the morning, frosty and cold.
full moone the 21. day 37. min. after 6 of the clock in the morning, cloudy and unconstant.

Februarie Abstract.

In this moneth all slimy fish, Milk and Rice, and such like, that doe oppilate and stop the Liver and veines, or thinke the blood, are to be eschewed as enimies to health, also yet forbeare Physick, and letting of blood, except only do urge, and learned Counsell do advise you: more now of taking Cold, for now are Agues apt to be am, and it is very ill to take heates and afterwards ben cold upon them.

Now is the most apt time to graft or plant, and to set hinde of trees and bushes, the wind and weather, and age the Moon considered, Pease, Beanes, Hasting, Onions, Turneps, and such like, as in January, may very fitly set in the wane of the Moon.

The time is now to trim up Gardens, to set and sow all hinde of Kitchen Herbs, to set slips, sow kernels, mustard, oats, set hops, cut vines, and prouy them, stick up Rounchball Pease and Hestings.

Of March.

The Sun riseth.

The Sun setteth.

hour 6. and 20. min.	hour 5. and 40. min.
hour 6. and 8. min.	hour 5. and 52. min.
hour 5. and 4. min.	hour 6. and 56. min.
hour 5. and 16. min.	hour 6. and 44. min.
hour 5. and 32. min.	hour 6. and 38. min.

Last Quarter the 1. day 26 min. after 3 of the clocke in the morning, reasonable temperate.

New moone the 8. day 33. min. after 6 of the clocke at night, overcasting clouds for rayne.

first quarter the 15. day 22 min. after 10 of the clocke in the morning, inclined to mysture.

full moone the 22. day 17. min. after 10. of the clocke at night, fixing the season.

Last quarter the 30. day neere about 2. of the clocke in the morning, cloudy and windy.

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Marches

A Prognostication.

Marches Abstract.

In this Moneth the humours of Mans body begin to increase, and now grets feeding breedeth grets bly and grets humours, and therefore use meates of good digestion, and such as breed good jnice: It is a good time to purifie and clarifie the blood by potions, bathing, and blowdeth, or such other waies as the learned Physsitian shall appoin: and as the cause of the disease shall require: Also the New moneth sweete meates and drynks are commendable.

The time of grafting as yet endureth, together with setting, sowing, woyning, plashing of Clynes, and hopping willow, oates, pease, onions, parsnips, and such like.

Of Aprill.

Day.	The Sun riseth.	The Sun setteth.
1.	hour 5. and 18 min.	hour 6. and 42. min.
7.	hour 5. and 6. min.	hour 6. and 54. min.
14.	hour 4. and 54. min.	hour 7. and 6. min.
21.	hour 4. and 39. min.	hour 7. and 21. min.
28.	hour 4. and 29. min.	hour 7. and 31. min.

New moone the 7 day about 4 of the clock in the morning, tincting the season.

First quarter the 13 day 45. min. after 6. of the clock at night, some Aprill showers.

Full moone the 21. day 51. min. after 1. of the clock in the afternoon, wairy and unconstant.

Last quarter the 29. day 22. min. after 4. of the clock in the afternoon, stormy windy weather.

Aprill Abstract.

In this moneth of Aprill, the poyses of mans body are renewed, and apt to receive Physsick, and they that refuse the same, I commit them to the benefit of nature, for at this time of the yeare, this is the best time to prevent candle sickness, or for speedy remedy in extremes, for now nature doth renew strength through all the body: so where sickness happeneth she soone unburdeneth by means of Physsick, wherefore what it cannot doe now, will hardly be done hereafter, therefore take time wylle tis, &c.

As yet you may graft and woyne vines, and also set onions, citrons, colocumbers, artichoakes, and pole beans, barley, Tankers apply themselves to harking of trees.

Neve. 1654.

Of May.

The Sun riseth.

hour. 4. and 23. min.	<i>The Sun setteth.</i>
hour. 4. and 15. min.	hour. 7. and 37. min.
hour. 4. and 5. min.	hour. 7. and 45. min.
hour. 3. and 56. min.	hour. 7. and 55. min.
hour. 3. and 50. min.	hour. 8. and 4. min.

New moone the 6. day, 33. min. after 11. of the clock in the moone, reasonable good weather.

First quarter the 13. day, 54. min. before 4. of the clocke in the morning, pleasant weather.

Full Moone the 21. day, 34 min. after 5. of the clooke in the evening, faire hot weather.

Last quarter the 29. day, 11 min. after 3. of the clock in the morning, some overcasting clouds for rayne.

Mayes Abstract.

This moneth rise early, for May doth not love any slugs, and let such as bee in health and able walke into fields, and eate and drinke betimes for it is good and wholesome, abstaine from all meates that be of a hot nature & such as be sick, it is a very good time of the yeare to let god, or to take Physick: such as bee whole, God keepe them in health, and such as bee sick, God send them good physicians and Physick.

The time is now fitting to sow Bazill, Matjerom and chaine seedes as before myght not be sowne, because of the oldnesse of the weather. Set Sage according to the proverbe, set sage in May and it will last alway, sow flax and hemp, set Artichokes, weede your Hops, and Gardens, see your grafts that no superfluous branches trouble them. By dew, Rosemary flowers, and heaneflowers, may at pleasure be distilled this moneth, and now also have a time of watching your bees.

Of June.

The Sun riseth.

hour. 3. and 49 min.	<i>The Sun setteth.</i>
hour. 3. and 46 min.	hour. 8. and 11. min.
hour. 3. and 47 min.	hour. 8. and 14. min.
hour. 3. and 49 min.	hour. 8. and 13. min.
hour. 3. and 52 min.	hour. 8. and 11. min.

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New moon the 4. day 29 min. after 7. of the clock at night
good faire weaþer.

First quarter the 11. day, 8. min. after 5 of the clocke in the
afternoon, apt for the time.

Full Moone the 19. day, 22. min. after 8. of the clock
night, faire and temperate.

Last quarter the 27. day, 9. min. after 11 of the clock in the
forenoon, hot weather.

Junes Abstract.

In this moneth, if thou must needs use Phyſick take
early in the morning, that it may have wrought before
the heat of the day, and use a light and thin dyet, for
stomach is not able to digest as in winter, or in some of
former moneths, and it is very good and convenient
some to drinke clarified whey, boyled with cold beards,
so abstaine from violent exercise.

Distilling of roses, making of syrups and conserues,
now in prime, now gather such herbs as you mean
keepe all the yeare, but be ſure you dry them in the ſun
Good husbands and hulwifes are now weeding their
and gardens, & others hearing their ſheepe, the time ſemeth
to ſet roſemary, & gillyflowers, take heed of cutting
or trees or herbs with kniſe, but rather gather them in
your fingers, now you may ſet ſaffron, carry out compoſe
make hay, rid gardens of ſnailes, ants, or pſſiſtres, &c.

Of July.

Day.	The Sun riſeth.	The Sun ſetteth.
1.	hour 3. and 54. min.	hour 8. and 6. min.
7.	hour 3. and 59. min.	hour 8. and 1. min.
14.	hour 4. and 7. min.	hour 7. and 53. min.
21.	hour 4. and 20. min.	hour 7. and 40. min.
28.	hour 4. and 30. min.	hour 7. and 30. min.

New moone the 3. day, 48. min. after 3. of the clocke in
afternoone, ſome fall of moyne.

First quarter the 11. day, 17 min. after 7. of the clock in
morning, unconstant and rainie weather.

Full moone the 19 day, 17 min. after 10. of the clocke in
forenoone, anſwerable to the ſession.

Last quarter the 26 day 6 min. after 5 of the clocke in the
afternoon, ſummerly hot weather.

Julies Abstract.

In this moneth use cold hearbs & meates, abstaine from physick, and now the rivers are more wholesome then the dachs, let the sun be up before you walke abroad, In the time of any pestilence or plague, keepe your chamber windowes shut opening them when the sun hath force of shynng, and be sure to perfume your chambers every morning with arras upon a chalengdish of coales, then whiche nothing is better, and use Cardus Beneditus, boyled and drunke fasting.

Hay havest now calle slack husbands to woorke, and such as have leasure, it is good to follow so wheat, & to carry out soyle, & to gather seedes & flowers to keepe all the yeare, and to dry them in the shade, till they be almost dry and then set them a whille in the sun, & in like manner you may use your hearbs.

Of August.

Day.	<i>The sun riseth.</i>	<i>The sun setteth.</i>
1.	houre 4. and 36. min.	houre 7. and 24. min.
7.	houre 4. and 48. min.	houre 7. and 12. min.
14.	houre 5. and 0. min.	houre 7. and 0. min.
21.	houre 5. and 16. min.	houre 6. and 44. min.
28.	houre 5. and 27. min.	houre 6. and 33. min.

New moone the 2. day, 34. min. after 10. of the clocke in the forenoon, windie and variable.

First quarter the 10. day 23. min. before 1 of the clock in the morning, apt for the time.

Full Moon the 17. day, about 11 of the clocke at night, some beare dops and immutablie.

Last quarter the 24. day, 16. min. after 10. of the clock at night, faire and temperate.

New moon the day 31 min. 36. after 10 of the clock at night, some reasonable seasonable.

Augusts Abstract.

In August, moderate dyet is good Physik, for now it is dangerous to surfe, and take heede of heates and then of colds, for nothing sooner engendereth Blarties, and use not to sleep much, especially in the afternoone, for making opilations and for avolding of Agues and head-ach & Catarrhs, and now let a man abstaine from physick except necessity doe compell.

Now Lady Ceres lookes to have men enough to attend her, they that would have good seedes for their gardens the next yeare, must now gather of their owne, least in buying they loose their labour and their money, and such as desire to have lettice, or other hearbs for winter, may sow seedes in the increase of the moone.

Of

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Of September.

Day.	The Sun riseth.	The Sun setteth.
1.	houre 5. and 34. min.	houre 6. and 26. min.
7.	houre 5. and 45. min.	houre 6. and 14. min.
14.	houre 6. and 2. min.	houre 5. and 58. min.
21.	houre 6. and 14. min.	houre 5. and 46. min.
28.	houre 6. and 28. min.	houre 5. and 32. min.

First quarter the 8. day, 6. min. after 6. of the clock at night, seasonable and temperate.

Full moone the 16. day, 29. min after 10. of the clocke in the forenoon, faire weather.

Last quarter the 23. day, 34. min. after 4. of the clocke in the morning, inclined to raine.

New Moone the 29. day 21. min. after 11. of the clock in the forenoon, windy and seasonable.

Septembers Abstract.

In this moneth such as have need, may safely take physick, also may bath and bleed, in this moneth all things are in their proper nature and vertue, and such fruits as are ripe and not infected, are good to eate soz such as have good stomachs: Time is good to make conserve of Barbaces, and Quinces, winter hearbs may now be sowne, likewise is the time to set Artichokes, Rose trees, Apple trees, Damdens, Strawberries, violets, gilliflowers; Apples are to be gathered in the full of the moone, sow Parsleys, and in dry weather gather your Hops; Good husbandry is sowing Rye and Bartheate, good buswifery is making of Cerjue, and plucking of Hemp.

Of October.

Day.	The Sun riseth.	The Sun setteth.
1.	houre 6. and 34. min.	houre 5. and 26. min.
7.	houre 6. and 46. min.	houre 5. and 14. min.
14.	houre 7. and 0. min.	houre 5. and 0. min.
21.	houre 7. and 15. min.	houre 4. and 45. min.
28.	houre 7. and 26. min.	houre 4. and 34. min.

First quarter the 8. day 15. min. after 2. of the clock in the afternoon, cloudy or close weather.

Full moone the 15. day, 22. min. after 9. of the clock at night, windy and indifferent.

Last quarter the 22. day 49. minuts after high noon apt for the time.

New moone the 30. day 52. min. after 3. of he clock in the morning, stormy and mynst.

Octo.

Neve. 1654.

Octobers Abstract.

[I]t this moneth thou mayest take Physick and also bath
if occasion serve, use hot meates and drinckes, and use good
wholsome wines to nourish good blood, and beware of ta-
king cold, because the quartaine Ague will be apt to bee
taken, and such other dangerous and ill diseases.

Remove young treere, as apples, peares, plumbs, quinces,
roses, &c. set pease parsnips, &c. good husbands neede not be
hasted to sowing of wheat, set nuts, acorns, and Filbirds,
and doing of such good husbandry.

Of November.

Day.	The Sun riseth.	The Sun setteth.
1.	hour 7. and 33. min.	hour 4. and 27. min.
7.	hour 7. and 42. min.	hour 4. and 18. min.
14.	hour 7. and 52. min.	hour 4. and 8. min.
21.	hour 8. and 3. min.	hour 3. and 57. min.
28.	hour 8. and 9. min.	hour 3. and 51. min.

First quarter the 7. day, 36. min. after 8. of the clocke in
the morning, frosty and cold.

Full moone the 14 day, 38 min. after 7. of the clocke in the
morning, winterly weather.

Last quarter the 21 day, 49. min. before 1 of the clock in the
morning, cold and cloudy.

New moon the 28 day, 32. min. after 10. of the clocke at
night, some storne to be expected.

Novembers Abstract.

[I]n November finish the physick you meane to take, & so tell
till March, except some great necessity doe constraine you.
Use good meate, and wholsome wine to nourish thy blood pro-
vide thee warme cloathing and goe dry of thy feet, or else be
sure to be troubled with Rhenne and Rose, besides som
other inconveniencie that will ensue. Beware of the hot-
house this moneth, and use Betony and Cynamon in drinck.

In the new of the Moone, you may remove young trees,
as in the last moneth, and set Crabtree stockes to graft on,
when you please, it is good time in the wane of the moone to
set pease, and hennes, and if the weather be not hard, it is
good sowing of Parsenips, good making of malt, and hel-
ling of Bevers or swine.

Of

A Prognostication.

Of December.

Day.	The Sun riseth.	The Sun setteth.
1.	hour 8. and 12. min.	hour 3. and 48. min.
7.	hour 8. and 14. min.	hour 3. and 46. min.
14.	hour 8. and 15. min.	hour 3. and 45. min.
21.	hour 8. and 12. min.	hour 3. and 48. min.
28.	hour 8. and 7. min.	hour 3. and 53. min.

First Quarter the 7. day, 30. min. before 10 of the clocke in the forenoon, frosty weather.

Full moone the 13. day about 6. of the clocke at night, answerable to the season.

Last quarter the 20. day 24. min. after 2. of the clocke in the afternoone, windy and frosty.

New moon the 28. day 15. min. after 6. of the clocke at night, cloudy and cold.

Decembers Abstract.

In this moneth of December, keepe thy body and head from cold, and eate such meates as be of a hot quality, shun from Physick, & let thy Kitchen be thy Apothecary, make clothing thy nurse, merry company thy keeper and good pitality thy exercise.

Remove trees and bushes, if the weather prooue not extreme, in the want of the moone, set beanes, pease, and those beards that cannot endure the cold, cover them with straw from the frost and snow.

Soli Sapienti Deo, Sola Gloria.

FINIS.
